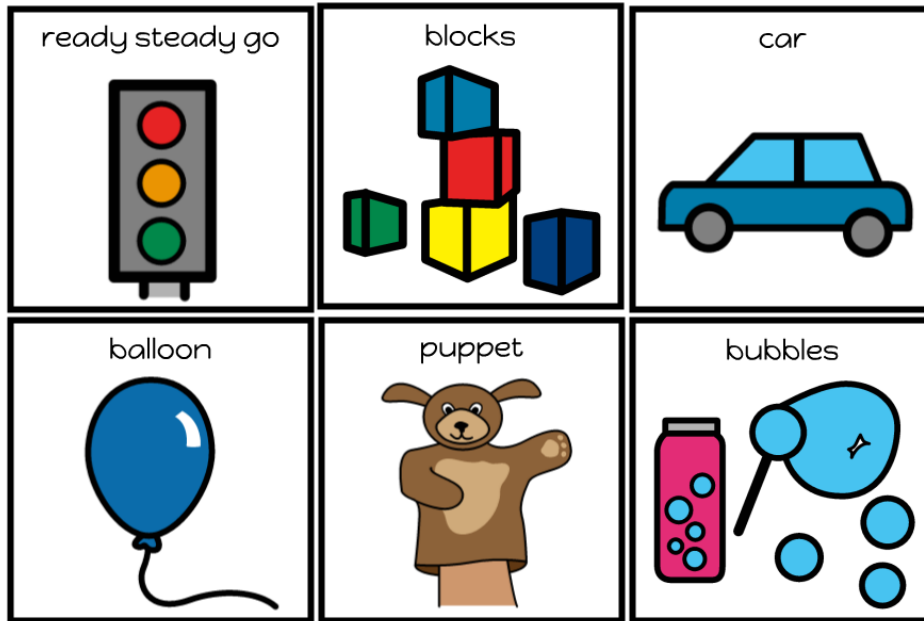


Ready! Steady! Go!

Use this activity to support development of:

- Vocalisation
- Choice-making
- Playful interaction



Example using a balloon.

Hold the inflated balloon in front of your child and say, “Ready, steady, go!” After saying, “Go!” let go of the balloon.

Repeat, but this time, don’t say, “Go!”

Wait at least ten seconds for your child to vocalise (make a deliberate sound). If they don’t vocalise, repeat “Ready, Steady...”

When the child vocalises, say, “you said, Go! Go!” and let go of the balloon.

Other activities you could use:

- blow bubbles
- make puppet roar and tickle
- push a car
- knock down tower of bricks.

Encourage your child to choose which game to play using symbols, or the actual objects.

Have fun!