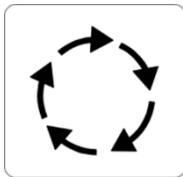
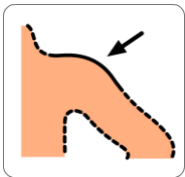


Weather Massage



“Once upon a time there was a big yellow sun”



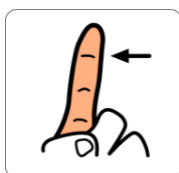
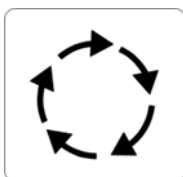
1. With one hand on child’s shoulder, take the other hand and make a circle clockwise on their back.

“That warms the whole world”

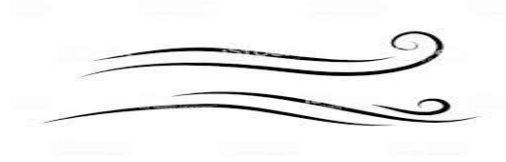


2. Make the rays of the sun with the whole hand on their body

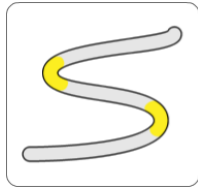
“But clouds started to appear”



3. Make small circles with your fingertips on their body

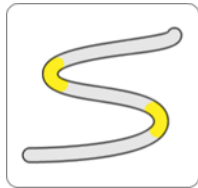
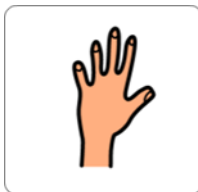


“And then comes the wind”



4. Sway your hands from side to side on their body

“The wind blows harder and harder”

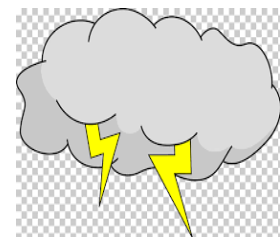


5. Move your hands from side to side on their body

“Then comes the lightening and thunder”



6. Do a karate chop action with your hand on their body



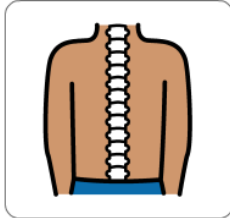
“Then it started to rain”



7. Gentle pitter patter movement with fingertips on their body

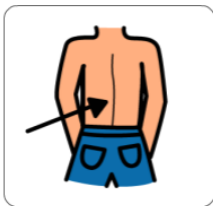


“And it rained and it poured”



8. Stroke down their shoulder to the base of their spine

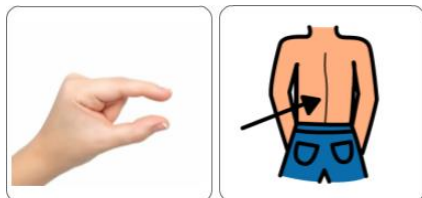
“The rain made big splashy puddles”



9. With your hands flat on their back, make big handprints

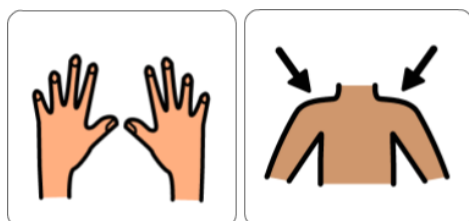


“Then it began to snow everything was white and beautiful”



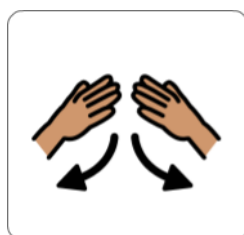
10. Make a picking movement with your finger like you were picking snow from a child's back

“Then there was fog and all is still”



11. Hands still on your child's shoulders

Until the sun came out again



12. Slowly take away your hands