

'Seaside' Sensory Homework Grid

Summer A 2023

Explore the feel of 'The Sea' in a range of places – water tray, foot spa, paddling pool, hydro pool, waterwall.



Make a sensory octopus – choose from different materials to put along each tentacle.



Play some simple fair ground games – coconut shy, hook a duck etc.



Explore different items associated with the sea/beach – pebbles, seaweed, shells. Make a Sensory Tray or collage with the things you have collected for a tactile experience



Experience the different vibrations and motions experienced on rides. Use resonance board, swing, roundabout etc to mimic the movements and sensations.



Listen to sounds of sea birds – put on switches and encourage pupils to press.



Fill a sandpit and make sand castles – what type of sand is best – wet/dry? Use a bucket and spade to fill and empty



Have fun with your child. Feel, smell and taste different foods associated with the seaside:



Fish and chips
Candyfloss
Donuts
Ice cream
Ice lollies
Hot dogs

For Body Awareness, give your child a mirror to look into. Use face paints to make own faces look like the Punch & Judy – look in the mirror and record reactions.

