

PSHE/RHE Through the 3 Curriculum Pathways

Year 1

KS1	Pre Formal	Semi Formal (P4/5)	Semi Formal (P6/8)	Formal
Autumn A	PSHE for Pre-formal pupils will not be taught as a discreet subject. It will be threaded through all aspects of the curriculum and focus on things such as: <ul style="list-style-type: none"> • Choice Making • Awareness of Self • Expressing Emotions • Interactions with Peers • Interactions with Adults. 	Be aware of my ability (EQ)	Ourselves (EQ)	Ourselves (EQ)
Autumn B		Personalised PSHE Skills	Playing and learning together (EQ)	Playing and learning together (EQ)
Spring A		Moving my body	Keeping Safe (PECS So Safe)	Keeping Safe (PECS So Safe)
Spring B		Personalised PSHE Skills	Food/Exercise/Healthy Choices (EQ)	Food/Exercise/Healthy Choices (EQ)
Summer A		People who help us keep healthy	Life skills/Personalised PSHE	Life skills/Personalised PSHE
Summer B		Healthy Living Week/ Transition	Healthy Living Week/ Transition	Healthy Living Week/ Transition

Year 2

KS1	Pre Formal	Semi Formal (P4/5)	Semi Formal (P6/8)	Formal
Autumn A	PSHE for Pre-formal pupils will not be taught as a discreet subject. It will be threaded through all aspects of the curriculum and focus on things such as: <ul style="list-style-type: none"> • Choice Making • Awareness of Self • Expressing Emotions • Interactions with Peers • Interactions with Adults. 	All about Me	What makes me special (EQ)	What makes me special (EQ)
Autumn B		Personalised PSHE Skills	Caring (EQ)	Caring (EQ)
Spring A		Keeping Safe (EQ)	Rights and Choices (EQ)	Rights and Choices (EQ)
Spring B		Personalised PSHE Skills	Keeping Safe (PECS So Safe)	Keeping Safe (PECS So Safe)
Summer A		What is good to eat?	Food/Exercise/Healthy Choices (EQ)	Food/Exercise/Healthy Choices (EQ)
Summer B		Healthy Living Week/ Transition	Healthy Living Week/ Transition	Healthy Living Week/ Transition

Year 1

KS2	Pre Formal	Semi Formal (P4/5)	Semi Formal (P6/8)	Formal
Autumn A	PSHE for Pre-formal pupils will not be taught as a discreet subject. It will be threaded through all aspects of the curriculum and focus on things such as: <ul style="list-style-type: none"> • Choice Making • Awareness of Self • Expressing Emotions • Interactions with Peers • Interactions with Adults. 	My Family	People around me (EQ)	People around me (EQ)
Autumn B		Personalised PSHE Skills	Friends (EQ)	Friends (EQ)
Spring A		Looking after myself (Self care)	Keeping Safe (PECS So Safe)	Keeping Safe (PECS So Safe)
Spring B		Personalised PSHE Skills	Physical Health and Fitness	Physical Health and Fitness
Summer A		Healthy Eating	Healthy Eating	Healthy Eating
Summer B		Healthy Living Week/ Transition	Healthy Living Week/ Transition	Healthy Living Week/ Transition

Year 2

KS2	Pre Formal	Semi Formal (P4/5)	Semi Formal (P6/8)	Formal
Autumn A	PSHE for Pre-formal pupils will not be taught as a discreet subject. It will be threaded through all aspects of the curriculum and focus on things such as: <ul style="list-style-type: none"> • Choice Making • Awareness of Self • Expressing Emotions • Interactions with Peers • Interactions with Adults. 	My Friends in class	Knowing Myself (EQ)	Knowing Myself (EQ)
Autumn B		Personalised PSHE Skills	Taking responsibility towards others (EQ)	Taking responsibility towards others (EQ)
Spring A		Playing and Learning Together (EQ)	Keeping Safe (PECS So Safe) Medication and Drugs (EQ)	Keeping Safe (PECS So Safe) Medication and Drugs (EQ)
Spring B		Personalised PSHE Skills	Keeping healthy – first aid Life Skills/Personalised PSHE	Keeping healthy – first aid Life Skills/Personalised PSHE
Summer A		My Body	Knowing how I am changing (EQ)	Knowing how I am changing (EQ)
Summer B		Healthy Living Week/ Transition	Healthy Living Week/ Transition	Healthy Living Week/ Transition

----- Relationships Elements

----- Health Education Elements

----- Personalised Learning